

#### 4 Month Old Developmental Milestones

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| <b>Intellectual</b> | <ul style="list-style-type: none"><li>• Reaches for toy with one hand</li><li>• Uses hands and eyes together</li><li>• Recognizes familiar people and things at a distance</li></ul>                                                                                                                      |
| <b>Social</b>       | <ul style="list-style-type: none"><li>• Responds to affection</li><li>• Smiles spontaneously</li><li>• Enjoys playing, may cry when playing stops</li></ul>                                                                                                                                               |
| <b>Emotional</b>    | <ul style="list-style-type: none"><li>• Cries in different ways to show hunger, pain, or tiredness</li><li>• Babbles with expression</li></ul>                                                                                                                                                            |
| <b>Physical</b>     | <ul style="list-style-type: none"><li>• Holds head steady, unsupported</li><li>• Pushes down on legs when feet are on a hard surface</li><li>• May be able to roll from tummy to back</li><li>• Holds and shakes toys; bats at dangling toys</li><li>• Pushes up to elbows while lying on tummy</li></ul> |