

9 - 11 Year Old Developmental Milestones

Intellectual	• Face more academic challenges at school • Become more independent from the family • Begin to see the point of view of others more clearly • Have an increased attention span
Social/Emotional	• Start to form stronger, more complex friendships and peer relationships. It becomes more emotionally important to have friends, especially of the same sex. • Experience more peer pressure • Become more aware of his or her body as puberty approaches. Body image and eating problems sometimes start around this age.
Physical	• May begin showing signs of puberty (especially girls)